

Twelve simple things you can do to reduce your carbon footprint.

1. Turn it off. Turn off lights, TV sets, videos, stereos and computers when not in use. They can use from 10 percent to 40 percent of power when put on standby mode. Moreover, unplug chargers as soon as they have finished their work.
2. Be exact. Fill the kettle with only as much water, as you need.
3. Close it. Do not leave refrigerator doors open for longer than is necessary. Do not also open the refrigerator doors often.
4. Check your car tires. Properly inflated tires can improve your car's fuel efficiency.
5. Use no plastic. Use cloth bags when you go shopping and avoid buying products that use too much plastic.
6. Fan up. Instead of using air conditioner in summer, wear cool, cotton clothes and use an electric fan.
7. Drive less. Do your weekly errands in a single trip, or pay your bills online. Better yet—walk, bike, ride the bus or metro rail system, or carpool.
8. Optimize your speed. You will consume up to 25-percent less fuel if you drive no faster than 90-kilometres per hour.
9. Drive hybrid. A hybrid car or any other fuel-efficient car emits less carbon dioxide.
10. Replace them. Replace your incandescent bulb with a compact fluorescent light bulb (CFL). CFLs cost from three to five times as much but use less than a third of the power. Moreover, replace your old refrigerator and other appliances with energy-efficient ones.
11. Watch what you eat. Choose food produced close to your home, thereby reducing energy used for their transport.
12. Reuse old products.